

BENEDICTINE READING LIST

The Rule Itself

The Rule of Saint Benedict in English (RB 80) edited by Timothy Fry, OSB
(Liturgical Press 1982)

This contains just the text of the Rule, with a short introduction. A copy is sent to each Benedictine Experience participant.

The Benedictine Handbook (Liturgical Press 2003)

A rich reference source of things Benedictine, including a fresh translation of the Rule by Patrick Barry, OSB, former Abbot of Ampleforth Abbey; other contributors include Michael Casey, OCSO, Esther de Waal, Kathleen Norris, Columba Stewart, OSB, and Maria Boulding, OSB.

Saint Benedict's Rule translated and with introduction by Patrick Berry, OSB
(Hidden Spring/Paulist Press 2004)

To Begin

Wisdom Distilled from the Daily: Living the Rule of St. Benedict Today by Joan Chittister (Harper & Row 1990)

Seeking God: The Way of St. Benedict by Esther de Waal (Liturgical Press 1984)

Spirituality for Everyday Living: An Adaptation of the Rule of St. Benedict by Brian Taylor (Liturgical Press 1989)

St. Benedict's Toolbox: The Nuts and Bolts of Everyday Benedictine Living by Jane Tomaine (Morehouse 2005)

Commentaries

The Rule of Benedict: Insight for the Ages by Joan Chittister (New York/Crossroads 1992)

Life Giving Way: A Commentary on the Rule of St. Benedict by Esther de Waal
(Liturgical Press 1995)

Benedict's Rule: a translation and commentary by Terrence Kardong (Liturgical Press)

Preferring Christ: A Devotional Commentary on the Rule of St. Benedict by Norvene Vest (Continuum/Morehouse reprint 2004)

Further Reading

The Undivided Heart by Michael Casey, OCSO (St. Bede's Publications 1994)

Sacred Reading: the Art of Lectio by Michael Casey (Ligori, MO/Triumph Books 1996)

Living with Contradiction: Reflections on the Rule of St. Benedict by Esther de Waal (Morehouse 1998)

Lost in Wonder: Rediscovering the Spiritual Art of Attentiveness by Esther de Waal (Liturgical Press 2003)

Seeking Life: Benedictine Wisdom for the Baptized by Esther de Waal (Liturgical Press 2009, available in April)

The Way of Simplicity: The Cistercian Tradition by Esther de Waal (Orbis Press 1998)

Cherish Christ Above All: the Bible and the Rule of St. Benedict by Demetrius Dumm, OSB (Paulist Press 1996)

Silence, Solitude, Simplicity: A Hermit's Love Affair with a Noisy, Crowded and Complicated World by Sister Jeremy Hall, OSB (Liturgical Press 2007) The Friends of St. Benedict, Washington, DC January 2009

Radical Hospitality: Benedict's Way of Love by Daniel Homan and Lonnie Collins Pratt. (Paraclete Press 2002)

In Praise of Benedict, by Cardinal Basil Hume (St. Bede's Publications 1995)

Always We Begin Again by John McQuiston II (Morehouse Publishing 1996)

Prayer and Community: the Benedictine Tradition by Columba Stewart (Orbis Books 1998)

Reading Saint Benedict: Reflections on the Rule by Adalbert de Vogue, OSB
(Kalamazoo, MI/Cistercian Studies 1994, possibly out of print)

Prayer and Lectio Divina

Beginning to Pray by Anthony Bloom (Paulist Press 1988)

Praying the Scriptures by Demetris Dumm, OSB (Liturgical Press 2004)

The Glenstal Book of Prayer: A Benedictine Prayer Book (Liturgical Press 2003)

The Practice of Prayer by Margaret Guenther (Cowley Publications 2000)

Behold the Beauty of the Lord: Praying with Icons by Henri J.M. Nouwen (Ave Maria Press 1987)

A Place Apart: Monastic Prayer and Practice for Everyone by M. Basil Pennington, OCSO (Redemptorist Publications 1988) This is only one of many works by the author on praying in the monastic tradition.

The Word Is Very Near You: A Guide to Praying with Scripture by Martin Smith (Cowley Publications 1989)

The Prayers and Meditations of St. Anselm translated and with introduction by Sr. Benedicta Ward, SLG (Penguin Classics)

Personal Journeys

The Monastic Journey by Thomas Merton (Kalamazoo, MI/Cistercian Publications 1992)

The Cloister Walk by Kathleen Norris (Riverhead Books 1996)

Beyond the Walls: Monastic Wisdom for Everyday Life by Paul Wilkes (Doubleday 1999)

Special Applications of the Rule

Doing Business with Benedict: the Rule of St. Benedict and Business Management: A Conversation by Kit Dollard and three members of the Ampleforth Abbey community (Morehouse 2002)

Beginning Again: Benedictine Wisdom for Living with Illness by Mary Earle
(Morehouse 2004)

Benedict's Dharm, edited by Patrick Henry (Riverside Books 2001)

The Benedictine Gift to Music by Katherine LeMee (Paulist Press 2003)

The Family Cloister: Benedictine Wisdom for the Home by David Robinson
(Crossroads 2000)